



keynote

Personal Mastery For *high performance*

Psychological and emotional safety
are a **necessity** for sustained high
performance.



Sustainable Results Begin With **Trust!**

Genuine trust can only be built when individuals in a team feel
psychologically and emotionally safe with each other.

A high-performance, high-energy culture that consistently delivers
results can only be built in an atmosphere of trust!

**This keynote talks about HOW to build psychological safety for
success.**

Self-mastery is an
individual
responsibility -
and a big part of
this is building trust
with co-workers.



Please come ready to ask
questions and engage



My aim is to get you thinking,
feeling and behaving differently



You will leave with practical,
doable tips and tools